



The Eighth Evidence-Based Pediatric Update Symposium

CME/CE Certified Activity

Saturday, November 13, 2021

7:30 am – 2:00 pm

Live Virtual Event

PROVIDED BY:

Rutgers Robert Wood Johnson Medical School
Department of Pediatrics



in collaboration with

The Bristol-Myers Squibb Children's Hospital
at Robert Wood Johnson University Hospital
and

Children's Specialized Hospital
An RWJBarnabas Health Facility



Overview

A wide range of diseases and conditions that affect children and adolescents cause significant mortality and morbidity. Clinicians are challenged on a daily basis to identify, diagnose, and treat these pediatric diseases and conditions, as well as to refer when necessary. In addition to the significant morbidity and mortality that can occur without proper diagnosis and treatment, health care costs can be increased due to unnecessary testing and improper referral.

This activity will highlight the latest diagnostic techniques and management strategies that impact the care of patients with common and complex pediatric disorders. The latest clinical research findings and their application to clinical practice will also be presented.

Armed with the information from this activity, clinicians will be able to make timely diagnostic, treatment and referral decisions in the context of patient choice and the resources within their communities. In addition, providers will be able to prepare patients and their caretakers for what to expect from recommended testing, consultations and treatment plans

Target Audience

This activity is designed for primary healthcare providers involved in the diagnosis, evaluation, management, and treatment of patients with pediatric disorders; this includes, but is not limited to, pediatricians, family practice physicians, physician assistants, nurse practitioners, registered nurses, residents and fellows.

Learning Objectives

Upon completion of this activity, participants should be better able to:

- Recognize childhood conditions commonly presented in the pediatric practice setting
- Assess current practice guidelines managing common pediatric health concerns
- Identify effective strategies for diagnosing and managing challenging clinical problems in practice
- Review recent advances in biomedical and behavioral sciences that will impact the medical care of children
- Recognize the pathologies for specific medical conditions that may require consultation and/or evaluation by a specialist

Accreditation



In support of improving patient care, Rutgers Biomedical and Health Sciences is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physicians

Rutgers Biomedical and Health Sciences designates this live activity for a maximum of 5.25 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity..

Nurses

This activity is awarded 5.25 contact hours. (60 minute CH). Nurses should only claim those contact hours actually spent participating in the activity.

Physician Assistants

AAPA accepts certificates of participation for educational activities certified for *AMA PRA Category 1 Credit™* from organizations accredited by ACCME or a recognized state medical society. PAs may receive a maximum of 5.25 Category 1 credits for completing this activity.

American Board of Pediatrics' MOC Points

The logo features a circular emblem with the text 'PART 2 MOC' prominently displayed in the center, with 'THE AMERICAN BOARD of PEDIATRICS' at the bottom. A small graphic of a heart or pulse line is visible to the left.
Successful completion of this CME activity, which includes participation in the activity, with individual assessments of the participant and feedback to the participant, enables the participant to earn 5.25 MOC points in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABP MOC credit.

Method of Participation

In order to meet the learning objectives and receive continuing education credits, participants are expected to formally register for the activity, watch the webcast and complete an on-line evaluation at the conclusion of the activity. A letter certifying attendance and credit verification will be emailed to participants upon completion of the on-line evaluation.

Activity Director

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Indira Amato, MD

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Mariam Gangat, MD

Associate Professor of Pediatrics, Division of Pediatric Endocrinology

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Shawen Ilaria, MD

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Thomas G. McPartland, MD

Clinical Assistant Professor of Orthopedic Surgery

Shilpa Pai, MD

Associate Professor of Pediatrics; Director, Resident Education in Advocacy and Community Health

All individuals who affect the content of continuing education activities are required to disclose to the audience any real or apparent conflict of interest related to the activity. The activity faculty are further required to disclose discussion of off-label/ investigational uses in their presentations. These disclosures will be made to the audience at the time of the activity.

Program Agenda

- 7:30 am Virtual Exhibit Hall
- 7:45 am Welcome and Introduction.....Benjamin J. Lentzner, MD
- 8:00 am Our Experience with MIS-C
in the COVID-19 Global PandemicAmisha Malhotra, MD
- 8:35 am The COVID-19 Vaccines: An UpdateSunanda Gaur, MD
- 9:10 am The Kids are NOT Alright:
The Impacts of Social Distancing on Children.....Shilpa Pai, MD
- 9:45 am Break/Virtual Exhibit Hall
- 10:05 am Health Disparities in the Pediatric Population.....Indira Amato, MD
- 10:40 am Diagnosis and Treatment of Celiac Disease
and Other Gluten-Related DisordersKristin Capone, MD
- 11:15 am Childhood Dyslipidemia:
From Screening to TreatmentElizaveta Lofel, MD
- 11:50 am Break/Virtual Exhibit Hall
- 12:10 pm Diagnosis and Treatment of Polycystic Ovary Syndrome
during Adolescence.....Mariam Gangat, MD
- 12:45 pm Eating Disorders: Early Identification
and Current Guidelines in TreatmentShawen Ilaria, MD
- 1:20 pm Overuse Injuries:
Current Guidelines and Interventions.....Thomas G. McPartland, MD
- 2:00 pm Adjourn

General Information

Registration Fees	Through 10/31/2021	After 10/31/2021
Physician	\$90	\$110
Other Healthcare Professional	\$75	\$95
RBHS/RWJBarnabas Faculty/Staff	\$60	\$75
Resident/Fellow/Healthcare Student*	\$0	\$15

* Registration must be accompanied by program director's letter confirming resident/fellow/student status. Please upload your letter when registering or email to ccoe@rbhs.rutgers.edu or fax to 973-972-3371.

Registration fee includes continuing education credits and course material. Registration can only be accepted through our secure on-line website through November 10, 2021. Registration will not be confirmed until payment is received. If payment is not received in time for the activity, Rutgers reserves the right to cancel the registration.

Pre-registration is required.

To Register: <https://rutgers.cloud-cme.com/RU8PediatricSymposium>

Course Material

In an effort to provide the most complete materials to attendees and conserve resources, PDF versions of the lecture slides will be made available on-line to registered attendees. Additional information will be provided in future confirmation communications.

Confirmation

Once registered, you will receive an email confirmation. As the activity date approaches, you will receive additional information to assist you with your plans to participate in this activity.

Virtual Meeting via WebEx

Additional information and instructions for WebEx access will be emailed to registrants the week of November 8, 2021.

Cancellation Fee/Refund

A full refund, less a \$25 cancellation fee, will be granted if notice is received no later than November 12, 2021. Refunds will not be issued for any cancellations received after November 12, 2021 and cannot be given for no shows. To cancel, please contact CCOE by email at ccoe@rbhs.rutgers.edu.

For Additional Information

For additional information, questions, concerns, or if you require special arrangements to attend this activity, please contact CCOE by email at ccoe@rbhs.rutgers.edu.

Rutgers reserves the right to modify program content, faculty and program activities. It also reserves the right to cancel the activity if necessary. If the activity is cancelled, liability is limited to the registration fee.

Activity Code: 22MR05